

羅馬帝國 +1 個自選活動

Roman Empire + 1 Optional Activity

活動內容: 透過組員的策略及分工合作,利用竹及指定物資,製作羅馬炮架,

以此攻陷對方炮架。

Content: Each team uses bamboos and limited resources to build a Roman

catapult, as to attack the other nations. Those which successfully destroy the other nations' catapult and military flag will become a

brilliant military nation.

學習目標: 鬥智鬥力、學懂戰略性策劃、培養敏捷思考及解難能力。

Goals: Learn how to make strategical plan and enhance problem solving

skills.

活動時間: 2 小時 Time: 2 hrs

人數: 15人或以上

No. of Participants: 15 person or above

收費: 每位\$320 (大小同價)

Fee: \$ 320 per person (same price for adults and children)







自選活動 Optional Activities

活動 Activities



照片 Photos

1. 極速打字機 Fire Fighting

目標 / Goals:

團隊溝通,突破自己。

Develop team communication skills and achieve self- breakthrough

內容 / Content:

利用最快時間輪流進入禁區觸碰 1-30 的數字卡。如禁區內出現多於一人,會被取消資格,全組合力以最快時間完成。

Number cards are placed randomly on the ground inside a bounded area. Members take turn to touch the cards in sequence (1-30) as fast as possible. Only one person can be inside the bounded area at a time or else restart the task.



2. 比薩斜塔 Leaning Tower of Pisa

目標 / Goals:

厚隊合作, 互相配合及小組協調。

Develop team cooperation and coordination skills

內容 / Content:

組員需合力在一塊離地的膠板上建立一座 積木塔。膠板由組員用繩拉緊並且每位組員 最少放一塊積木。

The team members have to build a tower with blocks. Each member at least contributes one block. The taller the tower, the higher marks the group can get.





3. 鱷魚潭 Nile River

目標 / Goals:

團隊合作,互相扶持及溝通。

Develop team cooperation and communication skills

內容 / Content:

組員利用有限物資安全橫過尼羅河。過程中身體任何部份不得觸碰河流範圍。

Teams need to make use of the limited resources in order to cross the Nile River safely. Any parts of body are not allowed to touch the river area.



4. <u>運送化學廢料 Transportation of Chemical Waste</u>

目標 / Goals:

團隊合作,提升溝通及解難能力。

Build up team cooperation and enhance communication and problem solving skills 內容 / Content:

隊員要利用有限物資把載滿「有毒廢物」 的器皿由從廢料隔離區一方運送到另一區 域,並把「有毒廢物」倒進另一器皿內方為 之完成。

Teammates need to transport the toxic waste from area A to area B, then pour the toxic waste to a designated container with limited resources.



5. 神仙筆 Magical Pen

目標 / Goals:

團隊合作及溝通,互相配合。

Develop team cooperation and communication skills

內容 / Content:

首先團隊需要在指定時間內根據所需器材制作一支團隊毛筆。然後各隊員在不能接觸 毛筆的情況下,共同寫出早已商議的字。

Teams have to use limited resources to make a





Chinese writing brush within designated time. Then groups use the brush to write negotiated words without touching the brush.

6. 瞎子列隊 Searching Partners

目標 / Goals:

建立團隊氣氛、團隊策略、增強團隊精神。

Uphold team spirit

內容 / Content:

組員需要蒙眼並於指定範圍分散,目的以 最快時間找回全組隊員並根據指定條件排 列,但不能以言語溝通。一開始每隊有討論 時間,之後組員會利用先前討論好的溝通方 法來與隊員相認。

After discussion, team members will be blindfolded and separated to different area. They have to keep silence and gather all teammates within limited time



7. 珠行萬里 Travel with fatty Polly

目標 / Goals:

團隊合作及溝通。

Uphold team cooperation and communication 內容 / Content:

利用水管運送肥珠到指定的地點。如肥珠中途倒地,組員需從新開始。The team members need to carry the fatty polly in the water pipes to certain locations. If the fatty polly falls down, they need to restart again.



8. 高壓電纜'High Tension' Cable

目標 / Goals:

團隊合作、建立自信、學會關顧別人和理 解別人的感受。

Enhance self-confidence and learn how to take care of the others

內容 / Content:

所有組員需合作越過電纜另一邊,過程中



不能觸碰電纜。

All teammates need to cross the high tension cable without touching the cable.



目標 / Goals:

團隊溝通、發揮領導才能。

Develop leadership skills and enhance team spirit

內容 / Content:

團隊合力操控繩子,利用鈎將盒子一個接一個吊起並竪直叠起,將所有盒子都竪直的叠在一起方為完成。Teams have to use the ropes to stack up all the boxes.



10. 反斗飛氊 Magic Carpet

目標 / Goals:

建立團隊的信任和增加組員間的合作性。

Enhance mutual trust between team members 內容 / Content:

所有組員站在飛氈上把飛氈反轉,過程中不能離開飛氈。

Team members will stand on a carpet and make the carpet upside down without leaving it.



11. <u>摸磚過河 Cross the river</u>

目標 / Goals:

團隊合作,互相扶持及溝通。

Develop team cooperation and communication skills.

內容 / Content:

組員利用提供的磚塊渡河或去拿指定物 品,過程中身體任何部份不得觸碰河流範 圍。

Teams need to make use of the limited resources in order to cross the Nile River safely. Any parts of body are not allowed to touch the river area





12. 摩斯密碼 Morse code

目標 / Goals:

提升團隊之間良好溝通、有效的發放與接收信息。

Enhance communication effectively and efficiently.

内容 / Content:

在不能發聲的情況下,最後的組員需傳達指 定密碼於前方的組員,一個接一個把密碼傳 達最前的組員。

The team members form a line first. Without any verbal communication, the last member has to send a specific password one by one until the first member reproduces the message.



13. 隔岸取物 Take 'it' Easy

目標 / Goals:

團隊合作,互相扶持及信任。

Build trust and mutual support.

內容 / Content:

組員需用盡辦法在範圍外取得範圍內的物件、過程中身體任何部份不得觸碰範圍內的 地方。

There is an object inside the boundary.

Members are required to work together and get the object but nobody is allowed to cross the boundary



14. 小組多邊型 Poly Group

目標 / Goals:

團隊訓練,互相信任及默契,,提升領導才 能及溝通能力。

Develop Team cooperation and trust, enhance leadership skill and foster communication 內容 / Content:

所有曚眼組員手持繩圈,透過隊中唯一沒有 曚眼組員的聲音,把繩圈形成指定的圖形。 如星形、心形、三角形等。

All members, except one, hold a rope to form a





big circle and will be blind-folded. The one without eye-mask will give instruction and guide the others to use the rope forming specific shapes like triangle, star, etc.

15. <u>風中奇緣 Pocahontas</u>

目標 / Goals:

團隊合作,講求策略,互相扶持及信任。 Build trust, strategic planning and mutual support.

內容 / Content:

每位組員用鼻尖觸及空中所設立的熊仔公 仔。第一位一次、第二位兩次……第十位十 次,如此類推。

Members take turn to use their nose to touch the doll in the sky. The first member has to touch the doll once, the second twice ... the tenth ten times and so on.



16. 信任天梯 Trust Ladder

目標 / Goals:

團隊合作、建立自信、學會關顧別人和理解 別人的感受。

Enhance self-confidence and learn how to take care of the others

內容 / Content:

組員兩人手持鋁通形成一條天梯,讓參加者 在天梯上行走。

Every two members hold one aluminum bar and line up to form a ladder. Each member takes turn to walk on the ladder.





17. <u>聰明笨伯 Mini Challenge</u>

目標 / Goals:

提升團隊的協調能力、資源運用、默契及工作效能。

Uplift coordination ability and enhance work efficiency.

內容 / Content:

組員需合力在限時內解決多個難題。如: 小







心翼翼、一柱擎天、解難任務、數讀、扭計 骰、鐵達尼號等。

Teammates need to solve a series of problems within limited time.

